

# 1

## *Agni Yoga*

Agni Yoga is discipline. Those individuals who want to be Agni Yogis, or really want to actualize their highest potentials, are going to be men or women of discipline. Discipline is the ability to bring your innermost fire into manifestation. The Core of each human being is fire, is a spark, is a flame; each of us is a spark of that Cosmic Flame. Within each of us there is that Flame. Discipline means to bring that Flame into manifestation through our actions, through our emotional responses and reactions, through our thoughts, through our motives, and through our relationships so that, instead of being controlled by our bodies, we control them.

People think that they are living as spiritual beings, but all the while their physical body is directing them the whole day. They are following the urges and drives of their bodies, their emotions, their thoughts. But even their thoughts and their emotions do not belong to them for they are just automatic action and reaction machines.

Agni Yoga teaches you to be yourself — to conquer your physical, emotional, and mental natures and not let them take your place and live in your name.

We have two ways of expansion. One way is knowledge. You accumulate lots of knowledge; you go to school, and you collect lots of information. The other way is beingness, becomingness. You can be a very, very rich man with your knowledge, but if your beingness is lacking then your knowledge is always used against your own survival. And this is what we can see in the history of humanity. Every time knowledge increased without beingness, humanity faced a great danger to its survival.

Agni Yoga is beingness. You are going to be your own True Self. How do we know that we are becoming our True Self? For example, if you are talking about something with your family, with your friends and you do not have control over your words, you are not the Self. You talk about many, many things throughout the day and then become sorry for it. Do you mechanically talk about things? Do you do things mechanically? Can you stop them? If you can stop them, then you start to control yourself and become your True Self.

Let us say that you are reading about fearlessness and you know many, many things about fearlessness, but you are not fearless. To be fearless is beingness. To know about fearlessness is knowledge. But knowledge cannot help you to BE unless you are really fearless.

How are you really going to cultivate that fearlessness? By manifesting your True Self, bringing out into manifestation your True Self! Knowledge is very important, but if you are not becoming your True Self, knowledge has no value at all. The value you give to

the knowledge is through beingness. For example, a man can speak about many, many beautiful things, but if he is not beautiful in his life, if he does not actualize the things that he knows, then he is not an Agni Yogi.

Agni means fire. And this fire refers to the fire that is within you. You are a fire. You are used to looking in the mirror at yourself and saying this is me. This nose, these eyes, this hair are me. That is impressed in your mind to such a degree that it will be very difficult to pull you out from that image and make you to feel and realize that you are a flame. Everyday for a few minutes close your eyes and visualize that you are a flame and see that flame radiating out of your etheric body and purifying all the mess that is collected there. Eventually, the etheric, physical, emotional, and mental bodies, when transformed, will look like flames, white flames. This is a very great exercise for healing and purification.

So, we have one fire that is your innermost Self, and that fire dwells within your heart. If that fire is released within your heart, you will transform your physical, emotional, and mental bodies. You will be very creative and in the meantime you will have greater communication with Cosmos.

People think that yoga means to unite something with something else; that is the average knowledge. But yoga is not unity with something else. The real meaning of yoga is to become your own True Self. True yoga means to awaken into your reality; true yoga means awakening. For example, when a man is drunk but then

he awakens and becomes sane, that is what yoga is; man is becoming his Self, his True Self. He is not uniting with anything else because there is nothing else that is not his Self. Think about it. Man is becoming aware of his Cosmic Self. Man is becoming aware of his own True Self. Then he is becoming aware of the Planetary Self; that he is the Planetary Self. Then he eventually becomes aware that he is the Solar Self, and still later he is going to be aware that he is the Galactic Self. One moment of realization that you are that Self is the yoga. All these stars that are dancing in the space are nowhere else but within You. We have thought so much that we are little bugs here, little fleas, that eventually we have become fleas. We have started to think as fleas; we started to act as fleas, biting and eating each other. But that concept is going to go.

Agni Yoga tells us that our heart is the heart of Cosmos and this realization, this expansion, as you expand toward your Higher Self, toward your Cosmic Self, is what yoga is. Actually, you are not bringing this self and that Self and uniting them. You are becoming. You are not learning, you are not educating yourself, although they are important, but you are becoming. Stage after stage you are expanding your awareness of the Self that you are. When people feel that they are the One Self, that is the salvation of everything. Then there is no war, there is no hatred, there is no jealousy or greed, there is no anger, no crime, because man feels that he is one with everything that exists. And this kind of existence is going to be truly realized through the fire.

What is the fire? The first fire we are using is the fire of aspiration when man feels that the life he is living is not enough. He wants something higher, something more beautiful. This fire begins to burn emotional hindrances and glamors, and it is this fire of aspiration that you are going to put into action. That you desire something greater than what you are, that you desire to transcend yourself, that you see a beauty and you want to be identified with that beauty, that you want to expand and you do not want any limits to your expansion is the true desire of aspiration.

The second fire we use is the fire of love. When you expand you want to share your expansion with others. For example, you go to the top of a mountain and you think about your friends, wishing they could come and share in this beauty.

Love is the ability to share the beauty you have achieved. You want to share the high level of consciousness that you have achieved with others. Love is the actualization of the awareness that you are One. If you do not have that awareness, that beingness, no matter how much you have learned about love you do not have love for in a single minute it evaporates. That is why we say that beingness is the foundation. When that beingness is really achieved, then the manifestation of that high level of awareness, of beingness, and its actualization are called the fire of love.

The fire of love destroys all separative thoughts that exist within our consciousness. Actually, when Great Ones speak about illusion They are talking about

separatism, for illusion is nothing else but separatism. Anything you think that is based on separatism is a wall that limits your expansion. Think about it. Love destroys separatism in your thoughts, in your emotions, and in your actions. Everyday for one minute or ten minutes think and watch how separative you are in your thinking, in your feelings, in your actions; and when separatism exists, you are not in the fire of love.

First comes beingness and then knowledge, but people have the impression that the reverse is true, that you must know about all these things and then you can be. On the contrary, you do not have all knowledge if you do not have beingness. For example, if you do not know how to love, you do not know what love is. If a girl falls in love, she can tell you what love is.

Agni Yoga is fiery expansion toward your Cosmic Self, not through knowledge but through empirical realization.

The third fire is the fire of creativity, the creative fire within you. This fire burns all those thoughtforms that prevent the prototypes, the archetypes to manifest. For example, let us say that there is a great vision within you, but this great vision is not able to manifest because within your thought aura there are many, many blockages, millions of clouds. The sun cannot shine through you and project the Divine Plan, the Divine Archetype into manifestation. Creative thought or meditation opens the channels, disperses the clouds so that your inner Divine Self, which contains all beauty, all archetypes,

all harmony and rhythm, is projected out through your creative expressions.

The next fire that is used for this path of unification and self-actualization is willpower. Willpower is nothing else but the gradual expansion of your True Self. Willpower actually eliminates from your life everything that prevents unity with the Divine Will. It burns all obstacles that exist within you, and eventually your will becomes His Will. Then you have will. There is no separate will. A man says, "You have your will, I have my will." But you do not have it. There is only one will and when you reach to that realization of that one will, then you have will. It is a moment of realization that my will and the Father's Will is one. "Not my will be done but Thine."

Actually, resignation of your will is the ability to have will. As long as you are resigning, dispersing, cleaning the self-will and letting the Divine Will manifest through you, you have will. Otherwise you do not have will yet. When you clean the obstacles of the self-will and let that ocean of Divine Will come and unite with your little pool, then you have willpower. And that is why Christ said, when you have faith, which means when you have that willpower, you can tell the mountains to move and they will move because you are the Cosmic Will. That is the destination of the Agni Yogi.

Man is a spark projected out from a Cosmic Sun. He is a very beautiful creative fire. Imagine a sun that is projecting Sparks into space and you are one of them. And as in one little seed exists the oak tree, in the Spark

exists the whole Cosmic Purpose and Plan. For example, you have a little seed, an acorn, and in that little seed the whole tree exists. When that little seed starts to bloom and expand, eventually it is the tree. Likewise, you are the seed of the Cosmic Sun, and that Cosmic Sun has a Purpose, a Plan, has Light, Love, and Power, and all that exists and is going to exist in the mind of that Cosmic Being is in You. Creative fire is the ability to project the whole beauty that is within your Spark. That is what an artist is. A true artist uses mental creative fire, bringing out the parts of the Plan, the parts of the Purpose, the parts of the Cosmic vision that are concealed within the little Spark into manifestation.

We have the fire of the projector and the plan and the projected image, which is the creative art. But they are all you. You are the fire, you are the plan, purpose, and beauty, and you are the channel through which hidden beauties are coming into manifestation.

What are cosmic archetypes? For example, you have a design for a house in your mind, so you take a pencil and put that design on paper. Okay, this is your creation, this is your archetype. You are the architect creating through your mind. Our planet has its own mind; this planet is a living being and it is its own architect. The solar system is its own architect. Our galaxy, in which our solar system is a little flea on the tail of this galaxy, is its own architect. These architects, each in their sphere of life create their own mechanism of manifestation, their own laws and principles, their own course of evolution. All living Sparks on all levels are

subject to special discipline and are inspired by a special plan to carry their own evolution on that plane. It is this plan, with all its prototypes, which slowly comes into manifestation through the solar system, through the planet, and through human beings. That is how you synchronize yourself with the whole. A human being synchronizes himself with the Purpose of the planet, the Purpose of the solar system, with the Purpose of the galaxy, and eventually he becomes a note in that great symphony of Cosmos.

What is the prototype? It is the image of that Greatest Mind Who is projecting it through space so that eventually that image finds actualization in the atom, in the vegetable kingdom, in the animal kingdom, the human kingdom, and in higher kingdoms until that image is totally manifested. That is what creativity is. A creative man or woman is a powerhouse, a fiery powerhouse, who is bringing these prototypes down and putting them into his music, into his paintings, into his dancing. But of course it is not complete yet. A part of that big prototype is manifesting little by little, until you are a talent, then you are a genius, then you are a savior, then you are an Avatar, then you are a Logos. As you are going toward the Cosmic Self, you are reflecting the Cosmic mind more completely.

Someone asked me, "If an acorn in its little shell needs fire before it can become a tree, what about all our limitations? Is the fire the best way to get rid of them?" I answered that there is nothing else in the Universe but fire! You are condensed fire. The water that

you drink is fire. It is hydrogen and oxygen. It is liquid fire. Space is fire. There is nothing else in the Universe except fire, and when the fire is extinguished, you have sickness and destruction.

For example, if psychic energy or the life energy is not circulating through your whole system, there is something wrong with you. And what is wrong? The whole of the atoms and cells within you are not burning. They are not alive and something is dead.

Something is obstructing the fire. When that is relieved, the life energy, which is the fiery energy, circulates through all your bodies and you have health, happiness, and communication with Cosmos. It is all Fire.

When you are looking at me, there is a fiery phenomenon. Maybe you do not know yet that if someone looks at somebody else, electrical rays flow out and that is how Great Ones heal you. They look at you and you are healed. You feel around your spine, your centers, your chakras, that something is charged. What is charged? The fire in you is charged. Also, when you are listening, it is an electronic phenomenon. When you are feeling, it is all electricity. It is so fast that the brain says, "Yes, somebody touched me." It is so interesting that you touch here and you think you are feeling here. But the hand does not feel. It is the brain that is feeling. It is all fire, so learn to be fiery.

We have many, many degrees of active fire. For example, we have five percent fire, ten percent, fifteen percent, two hundred percent, then ten thousand. For example, this is your skin, this is your chakras, this is

your emotional chakras, your mental chakras, intuitional chakras, this is your inner fire. Until all of this mechanism becomes fiery, you do not have transfiguration. Christ took his disciples and went to the mountain. The story says he was transfigured in front of them. What happened? The innermost fire released itself to such a degree that there was no cloud against Him. He shone. Every atom, every cell of His body became ten thousand percent fire. That is what Transfiguration is. That is what Immortality is. When a fire is extinguished, the fire will die. When the fire in a man goes out, the man dies. When the fire increases and never gets lost, we say that man is immortal. Why, when a Master is sitting on the ice, is the ice melting? I saw many people like that when they were sitting on the ice and doing meditation naked. The ice all around them for 10-15 feet is melted. You feel their heat.

Resurrection is the state in which all your bodies stop being bodies and turn into light. They are waves now, frequencies, nothing else. It is all electrical phenomena. That is why Blavatsky said that if you penetrate into the secrets of electricity you will know what the human soul is. Even in the Bible it says that God is a burning fire. So there is only one fire. Be fiery.

What is Transfiguration? For example, if a man's physical body is going to be sick because karmically he did this or that, or if your emotional body has many shortcomings, or if your mental body has many clouds, all these must be finished at the Transfiguration time so

that you no longer have personal karma anymore. There are no shortcomings; you are totally purified.

If you have any physical karma, you cannot take that Transfiguration yet because that one thing will tie you to the physical manifestation. And, even if you increase your light, because of the obstacle that your physical, emotional, and mental bodies have, they will create more difficulties and create friction within you. For example, a Great One says that when you are going to enter into the Fiery World, do not bring any combustible material with you. For example, when you are entering into a place where there is an open flame, you will not take gasoline or paraffin or dynamite with you because you know what will happen. That fire will destroy you. That is how terrible it is to enter into the mental plane with karmic debts, with separativeness, glamors, illusions, and the physical trash that we have.

Agni Yoga means fiery purification. In fiery purification your innermost divine essence becomes so radioactive that there is nothing in your physical, emotional, or mental bodies that will create combustion when that fire is released.

Fire is God. When you know fire, you know God. We really do not know yet what fire is. But we know the results of fire. We know how it operates. For example, we have computers now that when you push a button you get all the information you want. That is electricity, that is the fire. For example, you have telepathic communication with your Master Who is sitting in the Himalayas, and He contacts and talks with you and His

words travel faster than the speed of light through the atmospheric electricity.

A little boy was playing and his father came to him and said, “My son, your destiny is to climb that higher mountain. Sooner or later you are going to climb that high mountain. If you are late in climbing that mountain, you will increase your pain and suffering because the valley is very dangerous. You must save yourself by climbing that mountain. And what is that mountain which you are going to climb? It is your highest achievement, the beingness of the Cosmic Self. Sooner or later you are going to travel to that. It is better to start and continuously go upward so that you decrease your sufferings, pains, and diseases.”

Anything you put into the fire will be consumed. Your Self, your true flame that is You is going to consume the body, the emotions, the mind, and then you will see that you are the flame. Nothing remains but You. That is Agni Yoga.

Over millions and millions of years we created heavy thoughtforms of what we are. It will take another ten to fifteen million years to destroy what we built so that we can meet ourselves. Whenever we think that we are something that we are really not, we are going to destroy that. For example, let me ask you how old you are. You say 35. See, you are talking about your physical body. You have been identified many millions of years that this is you, so you are 35 years old. But you are not 35 years old. You are infinite and you came and built a

little hut you are living in and tomorrow you can leave it and go.

A Great One says, "We build a tent and dwell in it for a few days, then we pack it up and dump it." Did you see how we identify ourselves with our bodies? We even say, "I am sick." But you are never sick. This is a very wrong thing that we do. The spirit within you has no sickness, and when you say, "I am sick," you are accepting sickness and your body becomes sick. You are putting the germs of sickness within your consciousness. "I am hungry." Well, you are not. Your body needs some food. For example, imagine a man who goes to the gas station and says, "I need gas." Well, you do not need gas, your car needs gas; you are identified. Instead of saying "my body," you say "me." For example, you say, "I hate you." You never hate. In its deepest meaning a man cannot hate, but it is your emotions or mechanical mind that hates. You say, "I think." You never think; your mind thinks. Spirit is thoughtless because it does not need thinking; it is in everybody, in everything.

Separativeness is conquered through beingness. What is beingness? You are going to act and feel as if you are One. For example, if you have something to eat and somebody is sitting there hungry, you feel that man is also you. So you tell him to come and eat with you. The bodies are different but the spirit is one. You let another man suffer because you think that he is not you.

When you look at each other, do not think that this is Mr. so and so, but say, "he is me in a different

body. The sons of men are one and I am one with them.” Eventually when we develop this kind of science and psychology, the whole politics will change. The world will be a paradise instead of becoming a hell.

Going toward your Cosmic Self is the salvation of everything. Going toward your separative self is disease, sickness, suffering. It is hell. There is no other hell. Separativeness is the hell. For example, for millions of years we massacred the animals. That is a living brother you are eating. Yesterday a girl called me and said, “Please pray for my dog. He has some kind of sickness and is in the hospital and I think he is going to die. But if you will pray for him he will be okay.” So we gathered five-six people and prayed for the dog and the dog is getting better now. What is that anxiety in her for the dog? That life in the dog is her life, the same spirit.

I was going to buy a little house and when I was looking at the garden, I saw a very beautiful lily with a five-pointed star inside it. I thought that I would cut it and take it to the center so that everyone could see its beauty. There was a little boy, maybe five years old, watching me and he said, “Do not cut that flower!” I said, “Why not?” “Don’t you know,” he said, “that the flower is alive?” “My goodness. Excuse me,” I said. I felt so bad. “Leave it alone,” he said.

One knows by being it, not only reading about it, but being it. For example, everyday start your activities by thinking that you are not going to violate the Law of Unity in the Universe. That is the greatest law that ex-

ists in the Universe; there is no other law. There is only that one law, the Law of Unity. Harmlessness is a little branch of that law and love is a little branch, but there is one law, the Law of Unity.

When I was a little child seven years old, my Daddy said, "Do you know that nothing can be lost in the Universe?" But I said, "My dog, Kuchy, was lost. My football was lost. My knife was lost." "Go and think," he said. So I went and sat under a tree and while I was sitting there I took my other knife and threw it. I said, "It is lost." Then I said, "No, it is on the earth. What if I go far, far away until I see the space and then throw my knife to space? But it is in the space. Where will it fall? Wherever it falls, it is in the space." There is only one law. You cannot separate anything from anything.

All separatism that we have is just to create pain and suffering for ourselves. It is a game. Look where we are standing now. If an atomic war comes, what happens to all this civilization and culture? It is wiped away and we again become ashes instead of becoming fire.

So there is only one law, the Law of Unity, of Oneness, and all the rest are branches of this law because God is One. There is nothing that is not God in Whom we live and move and have our being. There is no separation. It is the fire, and you are the flame. In one fire we are the flames, so clean everything that is not fire within you.

When you are increasing your awareness of oneness, you are already burning everything that is sepa-

rative, everything that is blocking you from unity. What is it that is burning away? You are burning the hatred, separateness, your vanity, your pride, your superstitions, your illusions and glamors. All these must be burned.

When the inner fire expands your consciousness you overcome your obstacles and become one with your True Self and with the Self in all that exists.

Problems disappear by themselves when you raise your consciousness. Sometimes you do not need to give advice to people for advice does not help. Raise their consciousness and they do not have a problem.

A nineteen year old girl came and she started to talk so badly about her mother, her sisters, and her father, saying they were all rascals and trash and she alone was so great! "What should I do about them? What is your advice?" she asked. "Let me think a little," I said. "Until I find it, let's talk about something else." So I talked about some poetry. Then we went to the galaxies, to the Universe, how the creation started, cycles and chains and schemes in the Universe. I gave a half-hour lecture. She became so enthused and expanded. When I finished I said, "Did you like that?" "Yes!" she said. "I do not think I have a problem anymore. Something has dissolved in me. Thank you."

Expand their consciousness and they can dissolve their problems because their problems are little dried branches sitting around the fire; throw them into the fire and they are gone. Even advice is not necessary for if they have no expansion of consciousness, advice does

not work. No matter how much advice you give, they will misuse it because they do not have an elevated consciousness. That is why psychologists, psychoanalysts, and psychiatrists sometimes fail. They do not raise the consciousness. If you raise the person's consciousness, then every word you say is understood and actualized. So do not be afraid of burning your dried branches.

The only fire is the fire of love and unity. Spread the fire of unity and that fire will burn everything. Once a man believes that "the sons of men are one and I am one with them," it means the whole Universe, everybody. Do not exclude anyone. Let people believe anything, let them do anything they want as long as they are not hurting anyone. Just let live, that is all. This is the fire of love.

If a government takes all the money it is spending for ammunition and instead uses that money to spread love and right human relationships, we will make a paradise on this planet. One submarine will build three hundred universities, yet still today we do not have a university that teaches right human relations. We do not have a university that teaches purity, teaches love. We are increasing the knowledge, but that knowledge will work against our own survival. We are increasing our knowledge to destroy ourselves. We must have that expansion of selfhood, that we are in the whole Self.

The fire of love is powerful; it is more powerful than any kind of fire. Look at a man who loves someone. The other day a man came who was a psychiatrist. He has perhaps thousands of patients and he was cry-

ing that he could not do anything anymore. “What happened?” I asked. “For three days my girlfriend disappeared,” he answered. “So what,” I said, “you are a psychiatrist. There are millions of girls.” “I can’t,” he said, “I love her. I will do almost anything in the world, Torkom, just to see her once more.” Wow, look at the love. I said, “We will find her.” That man would give his skin, his head, his heart to find that girl. Look at what love that is. If we can increase that love and make humanity as our girlfriend, we will not have problems.

You must love yourself. Then you must love your family. Then you must love your nation. Then to love your race is perfectly all right but do not stop there. Expand it and then say humanity is my lover. Then look at the stars and say, “Hi friends, how are you? I love you!” You are really finding your divine being, your true Cosmic Self. Because you were lost before, now you are finding your Father. The prodigal son is going back to his Father. Every step toward the Father is unification and blessing and success and creativity. Every step backward is toward separatism and weakness.

As you raise your consciousness you will have more subtle and creative ways to transform others’ consciousness, not by beating, not by killing, but by inspiring their higher visions. Feel that unity, feel that oneness. It is so beautiful because that is our salvation. If we do not do that, what will happen? This is our planet and this planet has five hundred million years to accomplish its Plan. What is that Plan? That all living beings on this planet, at least humanity, are going to reach

in five million years the awareness of the Cosmic Self. Well, it did not happen. A Cosmic electric storm will come and wipe out the planet and it is finished. That is what is waiting for us; we are almost late now, and we are sitting and playing and gambling and the fire is increasing.

The moment of destruction is coming, as for example, at the time of Lot. Three angels came to Lot and said that we are going to burn this place. Lot asked that if he could find ten good people would they not burn it, and they said find ten good people and we will not burn it. But Lot could not find ten good people, and what happened? Sodom and Gomorrah were finished.

You know the example of Noah. Some angels or a Master came and told him that a deluge was coming. Noah asked what he could do and they told him to build his ark. Symbolically it is so beautiful. So Noah started to build the ark and thousands of people came and laughed at him. "He is crazy," they said. Here he is collecting the animals and building a huge ark. But when the rain started and the ocean started to rise the people who were laughing at him were destroyed. And this same allegorical story is going to repeat itself over millions of years if we do not learn our lessons.

So Agni Yoga is nothing else but the realization of the Divine Self and the efforts to bring that realization into actual manifestation in our life, step by step. Start with your thinking, with your feelings. Immediately a thought comes that is ugly, stop it. Can you do it? Stop it and think a loving thought instead. If you start doing

this you will start seeing more and more. The Agni Yoga Teaching will not be understood through the mind. It will be understood by becoming, by beingness. If you become, you will understand what we are talking about. But if you logically understand it then you do not know anything about it. Logic will not transform you, only beingness will transform you.

A little boy will say, “Why can I not solve this algebraic mathematical problem?” Well, you do not have the brain yet to do that. If you have the brain, you will solve it. But if I tried to solve it at that age I would never be able to understand it. So what we are trying to say is that self-actualization is the first foundation to solve every kind of problem.

There is another thing that is very important. All problems that we see outside of ourselves are a projection of our individual problems. A man who has a problem outside of himself has a problem inside of himself. And if you dissolve that inside problem there is no longer an outside problem. The first foundation, the corner stone of humanity, is the individual human being; that is why each human being is so precious.

Everything that is happening in the Universe is happening inside of us. It is not outside. It is not other human beings. Suppose this hand is fighting against that hand and one hand says, “I have the right to fight.” And the other hand says, “I have the right to fight.” It is so silly but you understand it. If they do not fight it is better for both of them, so how can we make them not to fight? They must realize that they are two hands of one

body. If they realize it, then that is Agni Yoga. If they realize it, then they are not going to fight and we do not need to solve the problems that are coming from this fight.

There is only one thing in the life and that is the Law of Righteousness, the Law of Karma. Nothing can happen to you if you did not cause it.

My Father was a pharmacist. Daily, about twenty people came to that pharmacy. If a woman was poor he would tell her the bill was already paid, or if he knew a man did not have the money he would say "Paid." One day my Mommy came to my Daddy and said, "Give, give, give. Paid, paid, paid. How are you going to make money by giving to everyone?" "Well, woman," he said "I am putting in the bank some savings for your children." That is our savings.

My knowledge is not book knowledge; that is the difference. We had a big pharmacy which was on a dead end street and everybody on the street closed their shop at 6:00 PM. Suddenly a black man came to our shop and said, "Doctor, I am hungry." My Father was also a surgeon. My Daddy said, "You are a little late. We are closing." At that time everybody closed together but my Daddy made something for him to eat and gave it to him. "Go on, so we can close the shop." "No," he said. "I want to sit inside." My Father said, "Okay, sit down." I said, "Daddy, are you letting him sit inside?" My Father said, "Maybe he is a messenger from God." So while he was sitting and eating, someone shouted from outside. A big bull that had escaped came to our dead end

street and whoever was going from their shops the bull killed them one by one. When we saw this and the black man eating inside, my Daddy said, “Look, a little bread for this poor man saved our lives. Let’s give glory to God.”

If you know the *Bhagavad Gita*, you will see that man does not fight against anyone but only fights against himself. Who is that self? It means against his imperfection. Perfection must fight against imperfection to make it perfect.