

## **Eight Spiritual Laws**

By Gita Saraydarian

There are many spiritual laws that have been given to humanity to help individuals and communities elevate themselves above the material existence and live a more conscious and virtuous life. For example the Ten Commandments are spiritual laws. The commandment of “love one another” is a spiritual law. The law of karma is a spiritual law. Spiritual teachers find great meaning in these laws and often cite them as a way to condition our minds and emotions to help us make the right choices in life. In the book *The Year 2000 and After* Torkom Saraydarian discusses eight laws that are helpful in changing the way we think.

**1. The Law of Beauty:** We can surround ourselves with physical, emotional, and mental beauty. Beauty in any form gives us spiritual satisfaction and releases our inner potentials. Beauty is soul inspired. Ugliness is materialism inspired. Moral relativists confuse us by mixing ugliness and beauty and telling us both are acceptable. When we mix the two together, we desensitize our hearts from contact with our souls. Ugliness eventually defeats the perpetrators and those who support them. Beauty helps us live and expand toward Higher Principles. Test this out on yourself: How do you feel after seeing beautiful works of art? How do you feel when you see a magnificent sunset? How do you feel when you hear beautiful words from others?

**2. The Law of Harmlessness:** We can strive to be harmless in all our thoughts and actions. This is the Law of Consideration for the welfare of others. Its violation brings disturbances in our families, schools, and businesses. When our children are not taught to be considerate of others, they will open their hearts to evil; they will commit acts of violence against others.

**3. The Law of Purity:** We can purify our bodies, emotions, and minds. “Purity is a state in which the human soul is in full control of his mechanism and runs that mechanism in harmony with the Plan and Purpose of life.” (*Ibid.*, pp. 135-136.)

**4. The Law of Unity:** We can visualize the world as one and say the *Mantram of Unification* daily. We can faithfully support the recitation of the *Great Invocation* and form extra triangles of light. This Law is defined as follows: “...people must live a life as if they were one with all life-forms, as if they were cells in one body, as if all of them had the same urge to be happy, healthy, prosperous, and enlightened.... Every time we think contrary to the Law of Unity, we weaken our mental mechanism. Every time we feel separative and selfish, we petrify our heart — that great mechanism of contact with the highest principles of the Universe. Every time we engage in separative, destructive, and

criminal actions, we sow seeds of disease in our body, groups, and nations because all acts of disunity, momentarily or for a long time, cut our electrical power from the Cosmic Source and short-circuit our whole wiring system. Every time we short-circuit ourselves, we expose ourselves to viruses, germs, and psychic attacks.” (*Ibid.*, p. 136.)

**5. The Law of Cooperation:** We can step up to our responsibilities and do everything we can to help those who are working to expand the work of the Teaching. This is a fundamental law for real success in our lives. “In an atmosphere of cooperation, it will be difficult for criminals and opportunists to make their future at the expense of your happiness and health.” (*Ibid.*, p. 140.)

**6. The Law of Responsibility:** We can take on added responsibilities to increase awareness of the Laws of the Ageless Wisdom. This is said to be one of the highest laws in the Universe. “To be responsible means to understand fully that you can make people either happy or miserable by your thoughts, words, and actions. When you have the sense of responsibility, you live in a way that you not only prevent misery for others, but you also increase their joy, happiness, and success and become their protector without violating their freedom.” (*Ibid.*)

**7. The Law of Striving Toward Perfection:** We can strive a little bit more this year and next year. It is striving that balances our knowledge and our beingness. If we do not strive, we live a life immersed in matter; we try by all means to satisfy our urges for sex, drugs, violence, alcohol, tobacco, and other materially driven behavior. If we strive, we will invariably start to grow, improve, and reach new heights in our beingness. Our future as a humanity will be determined by our striving toward higher ways of life.

**8. The Law of Love:** We can simply love one another. This Law pervades our Universe. Our Solar System is imbued with the Ray of Love. Only through love can we open the communication with God and let His Grace fill our hearts. “The currents of darkness and destruction and the currents of light and regeneration are in a fierce fight. It is imperative that all enlightened people offer their energy to light, to make the darkness retreat.” (*Ibid.*, p. 144.)

“If these eight laws are violated, the result will be unhappiness, sickness, crime, death, poverty, and misery.” (*Ibid.*, p. 133.) If we follow these laws, our bodies will be under the control of our soul, our emotions will be pure and serene, our minds will be lucid and creative. And, we will be inspired and charged with the psychic energy of Cosmos.

“The second phase of readiness will appear as a global understanding that territorial disputes and territorial borders are insignificant if people live together, if everyone respects the rights of other people to live and to be prosperous, safe, and happy.

“The third phase of readiness will appear as a global understanding that unless we appreciate each other’s existence and differences, we cannot reach a synthesis.” (*The Year 2000 and After* by Torkom Saraydarian, p. 147.)

“A human being has a great power over Nature — whether he is conscious of it or not. Being an active mechanism in the energy currents of the Universe, he can cause various changes in these currents, changes that may result in destruction or rejuvenation.

“The human being is a switch, controlled by his thoughts, visualizations, imaginations, words, and actions.” (*Ibid.*, pp. 151-152.)

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